

# Denbigh Christian Academy Menu

August 14 - 18, 2017

	<b>BREAKFAST</b>	<b>AM SNACK</b>	<b>LUNCH</b>	<b>PM SNACK</b>
<b>Monday</b>	4 oz Variety of Cereal or Slice Toast  6 oz. 1% Milk or 6 oz. 100% Juice	Fresh Seasonal Fruit  6 oz.1% Milk	Chicken Nuggets 1/2 cup French Fries 1/2 cup Apple Sauce  6 oz.1% Milk	1 Yoplait Yogurt  6 oz.1% Milk
<b>Tuesday</b>	4 oz Variety of Cereal or Slice Toast  6 oz. 1% Milk or 6 oz. 100% Juice	Fresh Seasonal Fruit  6 oz.1% Milk	1 Slice Turkey 1 Slice Cheese 2 Slices Wheat Bread 1/2 cup Veggie Straws 1/2 cup Jello Fruit Cu[ 6 oz 1% Milk	1/2 cup Party Mix  6 oz 1% Milk
<b>Wednesday</b>	4 oz Variety of Cereal or Slice Toast  6 oz. 1% Milk or 6 oz. 100% Juice	Fresh Season Fruit  6 oz.1% Milk	3.5 oz Slice Pizza 1/2 cup Salad w/1 tsp. dressing 1/2 cup Mandarin Oranges  6 oz 1% Milk	1 Rice Krispy Treat  6 oz.1% Milk
<b>Thursday</b>	4 oz Variety of Cereal or Slice Toast 6 oz. 1% Milk or  6 oz. 100% Juice	Fresh Seasonal Fruit  6 oz 1% Milk	3 oz Fish Sandwich 1/2 cup Mac & Cheese 1/2 cup corn  6 oz.1% Milk	Honey Grahams  6 oz.1% Milk
<b>Friday</b>	4 oz Variety of Cereal or Slice Toast French Toast Sticks or Waffles 6 oz. 100% Juice 6 oz 1% Milk	Fresh Seasonal Fruit  6 oz.1% Milk	3 oz Pasta w/Meatballs 1/2 cup Green Beans 1/2 cup Fruit Cocktail  6 oz 1% Milk	1/2 cup Goldfish crackers  100% Apple Juice

*Our school is an equal opportunity provider and employer*

The nutritional information available upon request