

Denbigh Christian Academy Menu

January 15 - 19, 2018

	BREAKFAST	AM SNACK	LUNCH	PM SNACK
Monday	H	O	L	I
Tuesday	4 oz Variety of Cereal or Slice Toast 6 oz. 1% Milk or 6 oz. 100% Juice	1 Banana 6 oz.1% Milk	3 oz Fish Pattie 1 Whole Wheat Bun 1/2 cup Mandarin Oranges 1/2 cup corn 6 oz.1% Milk	3 Cheese Crackers 6 oz.1% Milk
Wednesday	4 oz Variety of Cereal or Slice Toast 6 oz. 1% Milk or 6 oz. 100% Juice	2 oz Yoplait Yogurt 6 oz.1% Milk	3.5 oz Slice Whole Grain Pizza 1/2 cup Salad w/1 tsp. Dressing 1/2 cup Pineapples 6 oz.1% Milk	1 (1 oz) pack Bug Bite Cookies 6 oz.1% Milk
Thursday	4 oz Variety of Cereal or Slice Toast 6 oz. 1% Milk or 6 oz. 100% Juice	1/2 cup Tropical Fruit Salad 6 oz.1% Milk	3 oz Penne Pasta with Meat Sauce 1/2 cup Peas 1 Whole Grain Roll 6 oz 1% Milk	4 oz Graham Crackers 6 oz.1% Milk
Friday	4 oz Variety of Cereal or Slice Toast French Toast 6 oz. 1% Milk or 6 oz. 100% Juice	1/2 cup Orange Slices 6 oz.1% Milk	1 Slice Turkey, 1 Slice Cheese 2 Slices Whole Wheat Bread 1/2 cup Fresh Carrots & Broccoli w/1 tsp. Dressing 1/2 cup Diced Pears 6 oz 1% Milk	1 (.78) bar Rice Krispy Treat 6 oz 100% Apple Juice

Our school is an equal opportunity provider and employer

The nutritional information available upon request